



DEPARTMENT OF THE ARMY  
WESTERN ARMY AVIATION TRAINING SITE  
COMPANY C – TROOP MEDICAL CLINIC  
Silverbell Army Heliport  
Building L4-500  
Marana, Arizona 85653-9598



NGAZ-WAS-TMC

19 December 2012

MEMORANDUM FOR: Commander; Unit

SUBJECT: Over Forty Screening Phase I and APFT Program

**RANK Last, First xxx-xx-1234** has received medical **CLEARANCE** from the Over Forty-Screening Program Phase I.

1. Medical clearance constitutes a determination that an individual is at low risk for the development of cardiovascular disease. This clearance only assesses cardiovascular fitness. If it is determined that the individual possesses no other physical condition that would constitute a valid physical profile, they may participate in physical conditioning programs and physical readiness testing.
2. **Framingham's Health Risk Assessment** is required as proof of clearance in order for soldier to attend any further military schools. **Soldier and unit must retain a copy** of this for entrance into military schools (SLC, ALC, WLC, ETC...) and may be required to provide this assessment.
3. POC information goes here.

PROVIDER SIGNATURE  
XXXXXX  
XXXXXX

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SOLDIER'S SIGNATURE/ DATE